

WINTER  
2010

# Homeowner News

News & Information For The Customers Of Vintage Heating—Bath, ME



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Tune-Up**

**\$200 Giveaway**

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your own  
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## Taking the Arctic out of your winter

### Save Money This Winter

Are you looking to save a few dollars on your winter utilities? Who isn't? Here are a few simple steps you can take to cut your heating bill down to size.

### Bundle Up & Lower Your Thermostat

There's nothing wrong with wondering around the house in shorts and a t-shirt. However, you will pay more for it in the winter. By donning an old sweater or sweatshirt, you might find yourself just as comfortable, if not more with the thermostat a couple of degrees lower. Even a slight downward adjustment of the thermostat in the winter has a big impact on utilities.

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## Did you know?

At Vintage Heating we strive to provide the best products and services to our customers at affordable prices. Please contact us for all of your heating and cooling needs. We are happy to help with installation, maintenance and repairs.



### There are 17 different species of penguins!

Adelie penguins. African penguins, Chinstrap penguins, Emperor penguins, Erect Crested, Fairy penguins, Fiordland penguins, Galapagos penguins, Gentoo penguins, Humboldt penguins, King penguins, Macaroni penguins, Magellanic penguins, Rockhopper penguins, Royal penguins, Snares penguins, and Yellow-eyed penguins

## Make Your Own Gingerbread house!

### Gingerbread

1 cup butter, margarine or shortening  
1 cup dark brown sugar  
1 cup molasses  
5 cups flour  
1 tablespoon cinnamon  
1 tablespoon ground ginger  
1/2 teaspoon cloves  
2 teaspoons baking soda  
1/2 teaspoon salt  
1/3 to 1/2 cup water

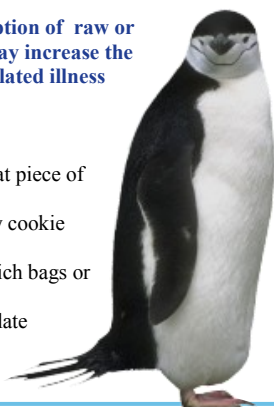
### Icing

1 pound (3 cups) powdered sugar  
1 to 2 large egg whites  
1 teaspoon almond extract,  
dash vanilla

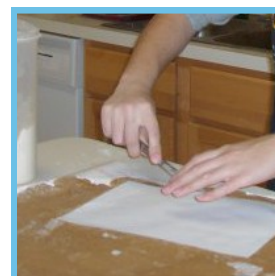
**\*Warning: Consumption of raw or undercooked eggs may increase the risk of food borne related illness**

### Supplies

Several Baking Pans  
Flat Platter or large flat piece of cardboard  
Assortment of holiday cookie cutters  
Several plastic sandwich bags or pastry bags  
Paper to make a template



1. Combine Ingredients to make dough
2. Roll out dough 1/4 - 1/2 in thick.
3. Use paper to make a template and place on top of rolled out dough. Cut shapes for house front, sides, and back using a table knife. There should be 6 shapes total.
4. Place shapes several inches apart on a flat, greased baking sheets. Bake at 375 for 15 min or until dough is firm and let cool.
5. While the house is baking, use the remaining dough to create cookie shapes to place in front of the house. The example to the right has gingerbread men, trees, and reindeer.
6. While house shapes are cooling, mix icing ingredients together. Separate icing into multiple bowls and apply food coloring if desired.
7. Assemble the sides of the house by piping a generous amount of icing where the pieces meet. Let the icing on the sides of the house set before adding the roof.
8. Add the roof and allow to set before decorating.
9. Bake cookie shapes. Allow cookies to cool.
10. Apply candies to house using icing.
11. Decorate Cookies with icing and place around



## How Long Should I Cook the bird?

Tired of the traditional Turkey and Ham? This holiday try something more exotic.

### Specialty Poultry Roasting Chart

TYPE OF POULTRY	OVEN °F	TIMING	INTERNAL TEMP °F
CAPON, whole; 4 to 8 pounds	375	20 to 30 min/lb	165
CORNISH HENS, whole; 18 to 24 oz.	350	50 to 60 minutes total	165
DUCK, domestic, whole	375	20 min/lb	165
DUCK, wild, whole	350	18 to 20 min/lb	165
GOOSE, domestic or wild, whole	325	20 to 25 min/lb	165
PHEASANT, young, whole, 2 pounds	350	30 min/lb	165
QUAIL, whole	425	20 minutes total	165

Last Modified: May 16, 2008

### SPECIALTY POULTRY ROASTING CHART

For approximate cooking times to use in meal planning, see the following chart compiled from various resources. *Use a food thermometer* to determine that poultry reaches a safe minimum internal temperature.

*NOTE: Times are for unstuffed poultry. Add 15 to 30 minutes for stuffed birds. The internal temperature should reach 165 °F in the center of the stuffing.*

### Tell Your Friends About Homeowner News

Or call us and we'll provide them with a free subscription and give you and your friend \$10 gift certificates!

**Homeowner News** is a quarterly publication of **Vintage Heating**. It is provided to our customers free of charge. We welcome your suggestions and ideas. Contact us at:

**Vintage Heating**  
429 High Street  
Bath, ME 04530  
(207) 443-6780  
[www.vintageheating.com](http://www.vintageheating.com)

## Taking the Arctic out of Your Winter *continued from page 1*

### Lower Temperatures More Over Night & When You're Out

Overnight, add an extra blanket and set the temperature back a couple of degrees to save more money. Of course, set the temperature back when no one's home.

### Use Programmable Thermostats

The problem with setting the thermostat back a couple of degrees is that it's easy to forget. Using a programmable setback thermostat solves this problem. Plus, you can program the thermostat to restore the temperature just before you get out of bed and just before you get home. If you need a programmable setback thermostat installed, call us.

### Use the Sun

Open the curtains and blinds of southern windows during the day to tap into the sun's free heat.

### Seal Air Leaks

Walk around the outside of your home and look for plumbing and electrical penetrations through the walls. If any are not well-caulked, add extra sealant. Don't forget to weather-strip and/or caulk doors and windows. If you have pull down stairs into your attic, consider adding a specially designed cover over the stairs. Use insulation covers for gaskets and light switches on exterior walls.

### Reduce Fireplace Heat Loss

If you do not use a fireplace, seal the flue. Even closed, fireplace flues are the source of a lot of air leaks. If the fireplace is used, add custom fitted tempered glass doors and seal the edges.

### Tune Up Your Heating System

Combustion furnaces and boilers require annual maintenance to operate at peak efficiency. Burners, for example, fall out of adjustment over the course of a heating season, wasting fuel. Heat pumps need maintenance twice a year, once in the spring and once in the fall, so they will perform optimally during the periods of greatest use.

Beyond saving money, annual service is a safety issue for combustion heating systems. Thousands are needlessly poisoned by carbon monoxide every year from leaks and cracks in heat exchangers. Don't risk your family's safety or waste your money. If you haven't already called us for annual heating system maintenance, do it now.

### Upgrade Your Heating System

If your system is older than a high school student, it's time to consider replacing it. We can improve your comfort and reduce your heating costs. Act before the end of 2010 and you may qualify for a dollar-for-dollar energy tax credit, up to \$1,500.



**207-443-6780**

**\$25 OFF**

**Boiler or Furnace Service**

Make Sure your home is prepared for this winter! Call us today to ensure your heating system is working at its full potential.

Not valid with any other offer. No other discounts apply. Expires 3/30/11

### Win a \$50 Gift Card!

Complete and return for a chance to win a [\\$50 gift card](#). If you correctly answer the three questions below, we'll enter you in a drawing for a \$50 gift card. Second prize will be a \$25 gift card. All entries must be received by [1/31/2010](#). Mail to: Vintage Heating 429 High St. Bath, ME 04530

True/False It's better to leave the heat on all day than to constantly turn it on and off when you leave the house.

True/False You should keep all blinds and curtains in your house closed to give the house "extra insulation".

True/False Using a programmable thermostat can save you time and money.

Please contact me about:

- ☐ Heat/Cool system maintenance
- ☐ Improving indoor air quality
- ☐ Upgrading heating/cooling equipment

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Best Time: \_\_\_\_\_

Limit 1 entry per person. No purchase necessary. A purchase will not improve your chances of winning. Winner will be selected at random within 30 days of entry deadline. All decisions are final. All entrants agree to contest rules, which require winner to sign a prize and publicity release unless precluded by law. Must be 18 to enter. Failure to comply results in disqualification. Entries void if incomplete or illegible. No responsibility is assumed for lost, late, or illegible entries. Company employees and family members are ineligible. Odds depend on the number of entries received. Acceptance of the prize implies consent to use name and image in promotional material with the prize as compensation. All taxes are the responsibility of the winner.



## The Corner

**Q. What do snowmen eat for breakfast?**

A. Frosted Flakes.

**Q. What do you get when you cross a snowman and a vampire?**

A. Frostbite.

**Q. Where does a snowman keep his money?**

A. In a snow bank.

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Winter 2010



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